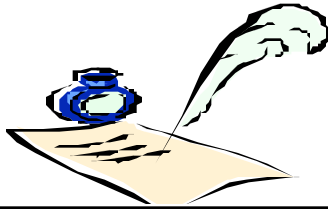


KASRA

SEPT. 2005

Email: news@e-kasra.com



Retiree News

Dear Fellow Retiree:

My message in this issue will be devoted almost entirely to the Kaiser Aluminum Salaried Retirees VEBA Plan.

By now, all salaried retirees/surviving spouses -- except those who signed up for COBRA medical coverage -- should have received a mailing from the Kaiser Aluminum Salaried Retirees VEBA Plan. The package includes a three-page letter dated July 27, 2005, from the VEBA Trustees; a 15-page Summary Plan Description; a two-page Q and A; a two-page VEBA Plan Qualified Benefit Reimbursement Request Form for Plan Year 2005 (and reply envelope); a two-page VEBA Plan Enrollment Form (and reply envelope); and a six-page Notice of Privacy Practices.

If you have not received the mailing, if the package does not include all of the above-mentioned enclosures, or if you have any questions regarding the package and the subjects addressed in it, you should contact the VEBA Plan's Third Party Administrator: Thomas P. Corcoran at 800/339-3479 (in California only) or 925/798-2550 (outside of California). If you prefer to communicate by mail, the address is: Thomas P. Corcoran, Professional Insurance Consultants, Inc., P. O. Box 4026, Concord, CA 94524. It is important that you contact Mr. Corcoran's office rather than KASRA.

Please note that if you elected to receive group medical benefit continuation coverage from Kaiser under COBRA or under Bankruptcy COBRA, you did not receive the VEBA mailing and are not eligible to participate in the VEBA Plan until such coverage is discontinued or terminated.

As you will see from a careful reading of the materials, the VEBA Trustees have decided to declare a benefit of up to \$500 per family unit for 2005. In order to claim the benefit, eligible retirees, spouses and dependents must be enrolled as participants in

the plan prior to December 31, 2005, AND the family unit representative must submit, prior to December 31, 2006, a qualified benefit reimbursement request requesting reimbursement of up to \$500 in health care premiums paid during 2005, together with proof of payment and proof of coverage.

If you have not already read the materials carefully, you need to take the time to do so. And, you need to make sure you mail in your enrollment form so that it is received prior to December 31, 2005. You have up to one year after that to submit your request for reimbursement of up to \$500 in health care premiums paid during 2005.

As you know from previous newsletter messages, so long as the company remains in Chapter 11 reorganization, it is obliged to make advances of \$300,000 a month to the VEBA Trust. If the company emerges from bankruptcy before it has made advances totaling \$5,220,000, it is obligated to contribute the unpaid balance on emergence to the extent it can. If the company has made advances of more than \$5,220,000 before it emerges from bankruptcy, the excess contributions will be credited and offset against future profit-sharing contributions, if any. Including an initial \$200,000 advance payment, the advances to the Trust through August total \$4,700,000. The funds are being deposited by the Trustees in the Union Bank of California and are earning interest.

Each of us owes a debt of gratitude to the VEBA Trustees, who serve voluntarily, for the many hours they have devoted to establishing the Trust and preparing for its first reimbursement distribution. Each year, they will determine the amount and timing of benefits, if any, for that year. Although the company contributions into the VEBA do not allow the VEBA to fund retiree medical benefits that are in any way comparable to the retiree medical benefits that were terminated as of May 31, 2004, the partial reimburse-

- continued on back page

What's Going On

Hooray. The editor always looks forward to this time

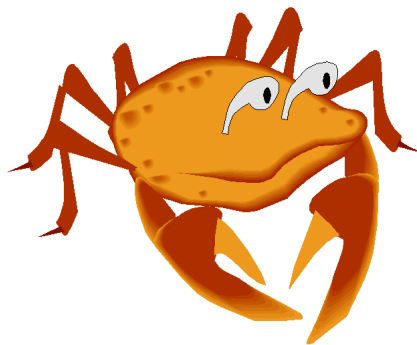


of year when so many of you send in news. Please be patient as we publish as much as space permits. If you don't see your item here, be sure to check the next issue.

Gladys and **Joe Fereday** (Baton Rouge,

LA) had a wonderful cruise through the Panama Canal, stopping in the Grand Cayman Islands, Colombia, Costa Rica and Acapulco before docking at Long Beach, CA, where they visited their son nearby in Orange County. Another person who takes several cruises a year is **Waymon Sloan** (Kaufman, TX). Trentwood retiree **Margaret Hayden** of Chewelah, WA, has a 65th high school reunion to attend in Boise, ID, this month. Newark retiree **Paul Detwiler** (Carroll, OH) likes to garden. **Andrew Lang** (Fremont, CA) also likes gardening as well as golf and fantasy football. He and his wife plan a trip to Williamsburg, VA, this fall.

Soft shell crab lovers, we have a purveyor in our midst. Chalmette retiree **Sherman Faught** of Slidell, LA, catches live crab from his dock and farms them



as they are about to shed their old shells. He shares the wealth with friends and family, including four of his six children who live nearby.

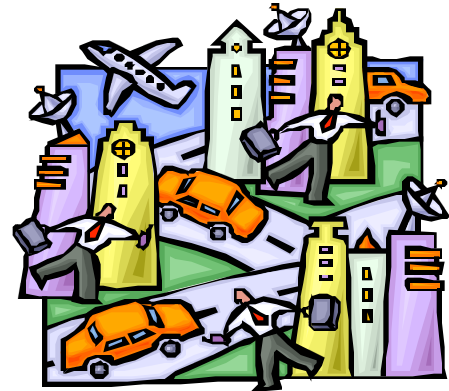
VALCO retiree **Leon Buckles** of Spokane, WA, and

his wife Peggy enjoy having a place on the Clarkfork River in Montana, where he spends some time introducing h.s. students to life skills. In Spokane, Leon teaches fly fishing courses during the winter at the local community college. No fishing, crabbing or shrimping reads like bad news to **Ellis Slattery** (Lacey, WA), who is spending more time as chief cook and bottle washer while his boat is on blocks getting much needed repair work.

Fearless foursome. **Art Dietmeyer, Fred Lawson, Jim Presley & Jim McKnight** held a mini reunion at the Clovis Golf Course (Clovis, CA). Three of

them are mum about the final scores except for Presley, hereby singled out as the only one with bragging rights. **Nadine Blansett** of Placentin, CA, volunteers at the library and with Meals on Wheels. She's traveled to Europe, Canada, China and Mexico. Frostburg retiree **Bill Wood** (Avon Park, FL) volunteers as a "Jolly Gent" at his church and helps folks at the retirement park. Omaha retiree **Bill Timmerman** of Papillion, NE, likes to collect, identify and grow wildflowers from his state and volunteer at the zoo.

What a big surprise to return to the Spokane Valley area after 20 years and see such tremendous growth of small towns transformed into cities, writes



Oakland retiree **W.J. Lawler** who lives in Lacey, WA. Trentwood retiree **Alan Morasch** (Spokane, WA) enjoys hunting, fishing, watching the grandkids play ball and helping out at church. Oakland retiree **Max Ott** (Lincoln, CA) and his wife enjoy living at Del Webb Lincoln Hills which is near their three daughters and families. Baton Rouge retiree and resident **Ralston Johnson** works as a consultant on global alumina supply and demand issues for London-based Brook Hunte Associates.

Ripe for picking. Ravenswood retiree **Clo- dus Burdell Buck** (Leon, WV) says he raises tame blackberries. Hmm, does that mean they don't have thorns that get in the way of picking? Baton Rouge



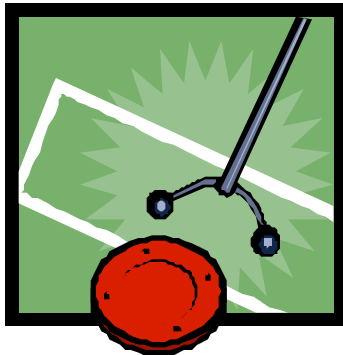
retiree and resident **John Holeman** writes that, at 82, he and his wife are in pretty good health, with the help of a lot of pills! VALCO retiree **William Herrold** of Pebble Beach, CA, puts about 10,000 miles a year on his motor home, traveling through the Colorado Rockies and Utah. He and his wife square dance once a week, something they started 43 years ago. Mead retiree **Joseph Cavanaugh** and his wife Angela of Veradale, WA, went to the Kentucky Derby and visited Seattle and Eckola, MT, this summer. They plan a fall trip to San Antonio, TX. Travels galore. **Paul Richards** (Danville, CA) toured

Eastern Europe for two weeks that offered a glimpse of the Hapsburg Empire. Gramercy retiree **Robert Newsom** of Baton Rouge, LA, traveled to Danville, CA, to visit his son and three grandchildren. **Betsy Ross Grant** (Oakland, CA) went to Louisville, KY, for a visit. Baton Rouge retiree and resident **Conrad Meijer** has traveled to Mexico, Chile, Argentina and the South Pole. He manages the family land, timber and wheat business. **Bill Alsup** of Fremont, CA, visited New York and Texas and plans a trip to Ireland this month.

Our retirees who like to send us email news offer these glimpses into their lives.

Mac and Terry McAdams of Gig Harbor, WA, traveled to Georgia and Louisiana to attend the weddings of two of their grandsons. While in Baton Rouge, LA, they visited with Pat and **Jim Cruse**, Shirley and **Al Schroeck**, Fran and **Joe Haydel**, and Biddie and **Beef Lewis** as well as with Ann and **Larry**

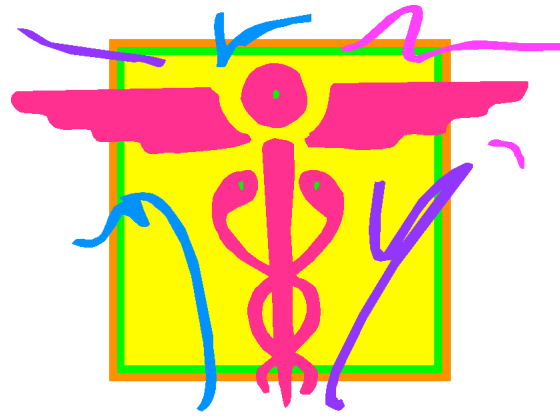
Lowenstein in New Orleans, all trading lots of stories about the good old days. Speaking of Shirley and **Al Schroeck** (Baton Rouge, LA), they competed in the 2005 Senior Olympics in Pittsburgh, PA, and won the Gold Medal in Shuffleboard Doubles in their age



category. Shirley also took 4th place in the Ladies Singles. **Bobbie Mazurie Mabry** of Austin, TX visited the Bay Area last month to attend her 50th h.s. reunion in Fremont, CA. She and her husband, Budge, are on a two week holiday in Italy. Bobbie retires from the Univ. of Texas next January and plans a May dual celebration in Maui to coincide with the couple's 10th anniversary. Oakland retiree **Dan Dahlen** of Moraga, CA, in addition to continuing his law practice, has become a licensed CA, real estate broker. Dan is taking a work break with a cruise this month to Alaska. Moraga, CA residents Martina and **Evo Alexandre** enjoyed some first class lobster and Fourth of July festivities during a visit to Bristol, RI, to see Evo's 91-year-old mom as well as his brother, Bristol retiree **Charles Alexandre**.

Tacoma retiree and resident **Eugene R. Whitcombe** tries to relax after keeping up with six grandchildren, ages 2 1/2 to 18 years. Whew, the editor is tired just thinking about that wide range of energy. Still going strong at 85, CFT retiree **Dale Doerr** of Oroville, CA, likes to play duplicate bridge.

cont. - see insert



The Three Signs of a Stroke

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer brain damage when people nearby fail to recognize the symptoms of a stroke. Now, doctors say a bystander can recognize a stroke by asking three simple questions:

1. Ask the individual to **SMILE**.
2. Ask him or her to **RAISE BOTH ARMS**.
3. Ask the person to **SPEAK A SIMPLE SENTENCE**.

If he or she has trouble with any of these tasks, call 911 immediately and describe the symptoms to the dispatcher.

KASRA's **Evo Alexandre** of Moraga, CA, recently distributed this information to our members who have an email address. **Larry Nuzum** of Pinetop, AZ, passed it along to the Navopache Regional Medical Center, the local hospital where Larry and his wife, Lee, volunteer. The hospital published the information in its newsletter and another hospital volunteer was able to put it to good use. The volunteer went to visit a patient and noticed that he looked strange. The volunteer asked the patient if he could smile. The patient shook his head. Can you raise both arms, the volunteer asked. Again, the patient shook his head. The volunteer immediately located a nurse who confirmed the patient had indeed suffered a stroke, and he immediately received medical assistance.

Dear Fellow Retirees cont. from page 1

ments that the VEBA will be able to make should be of at least some help.

There are several other, non-VEBA items of interest:

- A number of limited objections have been filed by various parties to portions of the Disclosure Statement for Kaiser's Joint Plan of Reorganization, including one filed by the Official Retirees Committee. The Committee seeks to require Kaiser to reveal, as part of the Disclosure Statement, the identity of all persons proposed to be directors of the reorganized company, together with all direct or indirect connections they may have to anyone who will hold more than 20 percent of the reorganized company's common stock. In general, the objections filed indicate that, while progress is being made on proposed changes to the Disclosure Statement, the Statement is not yet ready for approval. The Bankruptcy Court is expected to rule on these limited objections in the near term.

- KASRA members have elected two new directors, Steve Abernathy and Carlos Xavier, to an initial three-year term and have re-elected four current directors, Dick Kauffman, Alan Longmuir, Ron Radakovich, and Steve Ringwood, to a second, three-year term. Thank you for voting and thanks to the elected individuals for their willingness to serve.

- KASRA has moved its office from Lafayette to Pleasant Hill, California. We are retaining the Lafayette Post Office Box address and you should continue to use it for all correspondence to KASRA. That address is Kaiser Aluminum Salaried Retirees Association, P. O. Box 1171, Lafayette, CA 94549. KASRA does have a new phone number. It is 1-925/685-1313. KASRA's phone was out of service for about a week during the recent move. If you tried to reach us then, our apologies for the inconvenience.

On behalf of the KASRA board, thanks for your continued support. And, remember, read the VEBA materials carefully and contact the Corcoran organization if you have any questions.

Sincerely,



Jed Daniel
President

In Memoriam

Gerald H. Bennett, Sherman, TX
Philip W. Bohne, Metairie, LA
Robert E. Brooks, Butte, MT
Frances W. Byrne, Haines City, FL
M. Barden Crawford, Aloha, OR
William Eugene Dow, Ravenswood, WV
William E. Edgley, Lincoln, CA
Thomas L. Faler, Chalmette, LA
Maurice W. Foster, Godfrey, IL
Norvald L. Goodell, Puyallup, WA
Wendol "Mac" Graven, Sullivan, IL
Donal E. Kennedy, Santa Cruz, CA
Emilie W. Miller, San Leandro, CA
Gary J. Miller, Ravenswood, WV
Orval E. Morris, Mexico, MO
Victor W. Olsen, Neotsu, OR
Robert A. Platt, Hayden, ID
John (Jack) B. Roche, Medford, OR
O'Neal W. Rogers Sr., Diamond Head, MS
Dale E. Schneider, Bonner Springs, KS
James O. Shannon, Ravenswood, WV
Edna T. Sylva, Honolulu, HI
Doris M. Smith, Antioch, CA
Robert A. Torrice, Paradise, CA
Robert J. Tran, Gretna, LA

The **KASRA** Board of Directors expresses its deepest sympathy to families and loved ones.

KASRA is no longer receiving information from Kaiser Aluminum or EBDS regarding the deaths of salaried retirees. Often, when an obituary appears in the local newspaper, there may be an electronic version on the newspaper's website as well. Sometimes, the web site will include an electronic guest book where friends may send email messages of sympathy and condolences to the families. If you become aware of such notices, or know of the passing of a colleague, please send this information to Editor, KASRA News, 2471 San Miguel Drive, Walnut Creek, CA 94596 or email wmipr@aol.com.

PLEASE SEND KASRA YOUR NEWS

Write us your news, travels, stories... humorous tales welcome. Electronic photos are accepted in jpeg files. Just be sure to note you are a KASRA retiree in the subject line, however, or they will not be opened.

Whats Going on cont.

Happy Anniversary. Carmella and **Arnold Schlottman** of Carriere, MS, celebrated their 55th anniversary in June in Florida. Also in June, **Mac and Terry McAdams** of Gig Harbor, WA, celebrated their 62nd anniversary at home. Beth and **Bob Hassen** of Baton Rouge, LA, celebrated their 59th anniversary and visited their granddaughter and great grandsons in San Jose, CA, this year.

Mr. & Mrs. **Ray Payne**

(Brentwood, CA) celebrated their 50th anniversary this year, going on a two month vacation in Molokai, HI.

Mr. & Mrs. **Rod**

McMillan of Mt. Vernon, OH, were married 50 years in June. Richard and **Rosa Lee Swartz** (Banning, CA) celebrated their 46th anniversary at the Chukchansi Reservation & Casino near Yosemite. Mary and **Leo Barsotti** of Pleasanton, CA, celebrated their 50th anniversary earlier this year. Betty and **William F. Miller** (Westchester, PA) enjoyed their 50th with a special party put on by their son and daughter-in-law. Last fall, Sue and **T.J. Summerson** of Spokane, WA, marked their 50th anniversary. Mr. & Mrs. **Paul Schmeil** of Spanawya, WA, marked their 40th anniversary last year, and saw their last two children get married. Congratulations to Trentwood retiree **E.A. (Gene) Melanson** (Liberty Lake, WA) who became a newlywed last November.

Ida Kajikawa of Hayward, CA, will be celebrating her 80th birthday on a cruise to Mexico this November, thanks to her son and daughters, who with their families totaling 24, will all join in the fun. Public Relations honcho **Bob Irelan** of Rancho Murieta, CA, still keeps his hand in the field by teaching a PR course at UC Davis Extension. This is the year that Bob and wife Barbara attended their 50th h.s. reunions, hers in WV and his in MD. Public Relations colleague **Liz Simon** (SF, CA) is communications manager at CA State Auto Assn (AAA). Liz and hubby Jan retreat to their weekend home in Benicia, taking time out from gardening to visit nearby Napa wineries. After closing his company, Schwemm, Inc., in 2002, **Norm Schwemberger** (Lafayette, CA) tried retirement but got antsy after a couple years, so he now consults at Sun Microsystems.

Birthday boy. Joan Miller threw a surprise 70th birthday party for husband **Larry Miller** of Con-



cord, CA, and that meant getting all 4 sons and 7 grandkids from as far away from Cleveland together for a great time. Larry said it makes getting old almost worth it. "Business Planning and Financing for Engineers and Project Managers" is the title of a new book published by Oakland retiree **Hugo Daems** of Lafayette, CA.

Globetrotting in China. Walnut Creek, CA residents **Kirk McVean** and his wife Nancy are visiting their son and his wife in Shanghai. ALPART retiree **Don Farrelly** (Prairieville, LA) and his wife went back to Jamaica to visit friends there this year. Recent travels included a trip to Egypt and also to Wyoming to visit their daughter and family. **H. J. Ducote** of Saratoga, CA, is patiently waiting for a final inspection of his cabin at Lake Tahoe. He writes the inspector noted one of the bathrooms lacked an essential shower curtain. Say what? Looking forward to retirement next month after 17 years with the City of Alameda Housing Authority is **Nina Coltrell** (Alameda, CA).

Getting those safari duds ready. **Bruce Lewis** and his wife Mary Louise of Moraga, CA, are planning to go on a safari in Tanzania this December. Bruce's week fills up fast, what with cardiac rehab, driving a delivery truck, hiking, tennis and more. **Roger Johnson** and his wife (San Jose, CA) enjoyed Elderhostel trips to IL for the "Roger Ebert Overlooked Film Festival" as well as a visit to Orcas Island, WA. For ten months a year, **Dick Hogan** of Livermore, CA, works for Alantec and Cathode Protection Co. Then he spends two months vacation at Coeur d'Alene Lake, ID.



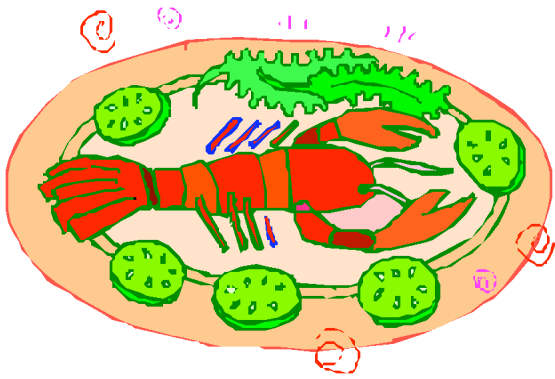
Going back to New Zealand to visit where he spent his youth 50 years ago, **Dudley J. Aldous** of Santa Cruz, CA, writes that the country has not really changed, except the population in the valley where he grew up is now 150,000 compared with 12,000 in 1946.



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The Lunch Bunch

New Feature: Upcoming and Future meeting dates shown in parenthesis

Baton Rouge

(Oct. 6, Nov. 3 & Dec. 1)

October's Lunch at noon at Mansur's on Corporate Blvd. Call Bob Eisenbach (225) 926-1334
bobeisenbach@cox.net

Chalmette

(Oct. 13 & Dec. 6)

1 p.m. Luncheon at Salvaggio's, Slidell on Highway 11 (Ponchartrain Drive). August's gathering brought together 50 retirees and spouses. All KASRA retirees and spouses as well as visiting KASRA retirees are welcome. Call Sherman Faught at (985) 641-6121 or email Chuck Schimmel at schimcol@aol.com

Erie

(Oct. 19 & Nov. 16)

Lunch at 1 p.m., Lake Shore Country Club. Call Tim Healy at (814) 474-3536 fax (814) 474-2700
thealy@velocity.net

Los Angeles (So CA)

(Sept. 12, Oct. 3 & Nov. 7)

Noon at The Elephant Bar, 14303 E. Firestone Blvd., La Mirada. Norm Manger (310) 377-2135 email
normanger@cox.net

Mead

(Sept. 8, Oct. 13 & Nov. 10)

11:30 a.m. Lunch at Cathay Inn on North Division St. Call Joe Fife (509) 466-9155 ajjfife@aol.com or Phil Marksbury at 509-325-1798 or
pjmarksb@comcast.net

Newark

(Nov. 15)

Lunch at 11:30 a.m., Stacey's Hometown Buffet. Call Bob Abel at (740) 323-2268 or rpabel@alltel.net

Ravenswood

(Sept. 7 & Dec. 2)

September's Luncheon at Cedar Lakes 1 pm. December's dinner/dance will be held at Green Hills Country Club. For information, call Dave Whitman (304) 273-5548 or email dwhitman@wirefire.com

Texas

Please contact Cathy Peterson Eaton at (972) 562-2352 or email Cathypeaton1@comcast.net

Trentwood

(Sept. 15, Oct. 20 & Nov. 17)

11:00 a.m. at Valley Eagles, 16810 E. Sprague, Verdale. Candidate forum for anyone on the ballot to present their platform. Contact T.J. Summerson at 509-448-1228 or email tsummerson@aol.com

